

GAT Jose Rizal Lodge U.D.



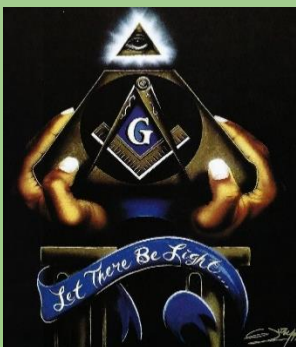
May 1, 2022

MMXXI

Volume: 2 Issued: 4

Table of Contents

Wor Master	1
Sr. Warden	2
Jr. Warden	3
Secretary	4
Fund Raising	5
Scholarship	6
Masonic Education...	7
Calendar	8
Committee	9
Directory	10
Mar Stated Mtg.....	11
2º Proficiency	12
Talking About	13
Health Tips	16
Birthday	18
Masonic Homes	19
Today in Masonic.....	20



"Through Freemasonry, we make true friends, improve ourselves, and have a positive impact on our communities."

From the desk of the
Worshipful Master



By: WM J. P Cariaga, PM



Menu for the Stated Meeting Dinner

No Available Menu

Stated Meeting Sponsors for May 2022

Bro Joe Quimson WB Allan Solis

Bro Jose Shepard Bro Sal Reyes



Good day brethren

I hope everyone is healthy and safe. Every year has been a challenge and this year has been one of those years. COVID has been a constant thorn in our everyday lives. It is a part of each and everyone's lives. Now that everything has opened, we still must be careful and watchful of each other's safety.

As we are nearing the middle of the year we are preparing for activities, degree work and other events that will help in the development and advancement of our craft. I would like to congratulate our brothers who have tried to give time in the advancement of their masonry craft.

Thank you for being available and flexible on your schedule to practice with your coaches. It is hard to find time in this challenging time. Thank you for the coaches in being available and the dedication you offered our brothers to succeed in their endeavor to be better in masonry.

In the lighter side of masonry, our ladies are planning a Tea Party, Italian Bingo Nite, and Budol Fight as well as a SPA Day that will bring some light in these cloudy days. Information to follow.

Again, thank you and till next time

S/F,

J.P. Cariaga
Worshipful Master

Trestleboard Editors:

Bro. Sammy Gillo
Bro. Vonn DeGuzman

STATED MEETING

Every 4th Friday of the
Month

27221 McCall Blvd
Menifee, CA 92586

2B1  ASK1

Freemasonry promotes a way of life that binds like-minded men with the principles of Brotherly Love, Relief and Truth in order to serve God, Family, Country, Neighbor and Self.



Brethren,

First, we thank Bro. Angelo Alano for leading the successful Mother's Day event that was held at the Lodge and to the brothers who delivered the flowers to the Atengs who could not be present at the event. We will always be grateful for our spouse's love and sacrifices.

Secondly, congratulations to Bro. Jess and Bro. Ron for the impressive long-form Fellowcraft proficiency return. Also, congratulations to the coaches that prepared these brothers in returning their proficiency. It is not an easy task, but you all made it happen.

On May 13, 2022, we are scheduled to confer our very first 3° in our Lodge. We are all very excited and honored for this momentous occasion. Bro. Jess Salabao will be raised to the sublime degree of a Master Mason, and we encourage everyone to attend this historic event.

We will also be scheduling Bro. Ron to receive the 3° of Masonry in our Lodge and we look forward to making that event as memorable as well. If you want to partake in the conferring of the degree, please let us know.

As always, let us continue to support the lodge and all its endeavors. Always remember that you are a reflection and a representation of GAT José Rizal Lodge UD.

S/F,

Bro. Ernie Pagulayan, PM
Senior Warden

2

If you have some important information that needs to be on the Trestleboard, please don't hesitate to contact the Lodge Secretary
(SecretaryGJRL@gmail.com)

or Bro. Sammy Gillo
(sharmaelly@gmail.com)

OSI CORNER

05/16	Tem Cat Island – 2nd Deg 2nd Sec. - Staircase & Master's Lecture
06/15	Tem Cat Island – Hosted by Murrieta Lodge – How to do a Candidate Investigation.
07/15	MVL 289 – Hosted by Gat Jose Rizal UD – 1 ST Sec. 1 st Degree, O&O Close in long form.
August	Dark Dark
09/20	Hemet San Jacinto Lodge #338, 1 st Degree, Master's Lecture

“A Lodge is not held together with steel bands, but by the silken ties of brotherhood, woven of interest, friendliness, good times, wholesome fraternal intercourse”



Brethren and Families,

Fellowship is defined in the Miriam Dictionary as: a group of people who have similar interests; a friendly relationship among people; the relationship of people who share interests or feelings. Perhaps, there are other meanings of fellowship, depending upon conditions, relations and interest associated with parties involved. For now, I will stick to the former as it applies to Freemasonry.

In my opinion there are two basic elements or foundations that are needed for fellowship to occur among brethren. The first foundation is that those who meet together should have things in common like beliefs, work, faith, need and what they struggle against. Other areas of commonality include common purpose, conviction, and hope. The second foundation of fellowship is in what is shared. Masons should share in the responsibility of helping fellow brothers who lack the essentials of life. They should also share in what it takes to improve knowledge of their fellow brethren. What should be also shared is the mutual recognition of brotherhood that brings us all together as brothers from all over the world, promoting trust and virtue. Another element is that those who meet should all desire to walk in the light of truth.

I recently took a trip oversea and had the opportunity to meet up with few brothers. I couldn't help but noticed the display of their genuine friendship and fellowship in the humblest way. The treatment that I experienced from their hospitality was exemplary. Meeting old and new fellow masons made me feel "at home" and proved that brotherly love exists away from our local lodge.

To sum it up, I believe that fellowship is a "heart" issue, something to be felt and expressed, and something very important to be a part of. It should occur apart from any program, schedule, or activity. It is to be a way of life for every mason to want to be in each other's company, to share things together and to help and support each other both physically and spiritually. If one of the members hurt, we share that burden.

Candidate Learning Center. The Grand Lodge website is full of information that will help candidates gained knowledge in the degrees that they are in. It provides a tool to achieve a thoughtful, deep understanding of degree lessons, and how to apply them. It's a convenient way to study. The module also offers a Lodge Management Certification Program that will help prepare lodge members for leadership in the lodge. Be a leader and enjoy this exciting period in your Masonic journey.

OTL,

S/F,

Rick Opina, PM

Junior Warden

Stated Meeting Sponsors for June 2022

Bro Audie Musngi Bro Ferdinand Dar

Bro Dean Limbo

Bro Nick Nono



Stated Meeting Sponsors for July 2022



"A Mason is not necessarily a member of a lodge. In a broad sense, he is any person who daily tries to live the Masonic life, and to serve intelligently the needs of the Great Architect."



Fraternal greetings!

I am happy to inform you that we have successfully opened another bank account. The new bank account will eliminate the multiple audits and will help us maintain a clean audit for our next fund raising.

Some housecleaning announcements, any members want to get reimbursed for lodge operational cost or any matters that need to be brought up during the stated meeting needs to be submitted via email, phone, or instant message to the Secretary so it can be included in the stated meeting agenda.

Fraternally Yours,

Bro Vonn DeGuzman
GJRL Lodge Secretary

4

Sister Birthday		Wedding Anniversary	
		Pricila Dar	May 18



"A surprise inspection, by the Grand Architect of the Universe, of the Temple of the Heart of a true Mason will probably find more flaws to be corrected but will never find rust on the Tilers sword of the true Mason."

FUND RAISING SECTION

Sponsored by:

All the Lodges from 826th Masonic District



124TH *Philippines* *Independence Day*

Date: June 12, 2022 Time: Sunday, 5:00 P.M. – 9:00 P.M.

Location: 27221 McCall Blvd Sun City, CA 92585

Menifee Valley Lodge Crystal Ballroom

The primary mission of the Menifee Valley Masonic Lodge is to help men improve their relationships with God, their family, their community, and most importantly, with themselves through utilizing the teachings, proven traditions and values set forth by Masons from the beginning of our Ancient Fraternity.

bbceventcatering@gmail.com



BBCE
EVENT & PARTY
CATERING

\$\$\$ Donations gladly accepted. \$\$\$

FREE
ADMISSION.
FUN AND
FELLOWSHIP.

"Our Brotherhood has withstood the test of time and trial and continues to positively impact men's lives"

SCHOLARSHIPS AND ADDITIONAL FINANCIAL AID

The Masons of California believe that a person who strives to improve himself can also improve his community and the world at large. To help future generations achieve this goal, the California Masonic Foundation and other Masonic-affiliated organizations award more than \$1 million in scholarships to students every year. Scholarships awarded by the California Masonic Foundation have enabled thousands of students to attend college.

Masonic scholarships

Below are links to scholarships provided by our Youth Orders and Concordant Bodies. Most offer preference to applicants that have Masonic ties. We also encourage you to reach out directly to your local Masonic lodge as some offer their own lodge-based award. To locate a lodge near you, please visit the lodge locator.

DeMolay

norcaldemolay.com/2018-demolay-foundation-scholarship-application-now-available/demolay.org/Scholarship/demolay.org/scholarships/affiliated-scholarships/

Order of the Eastern Star

oescal.org/?q=scholarships

Job's Daughters

cajdfoundation.org/Scholarships.html

Rainbow Girls

gocarainbow.org/all-about-ca-rainbow/scholarships/

High Twelve International

wolcottfoundation.com/fellowships.html

California Scottish Rite

casr-foundation.org/

Santa Barbara Scottish Rite

santabarbarascottishrite.org/philanthropic/

Investment in Success

The Investment in Success scholarship program gives high school seniors who demonstrate an active pursuit of education in spite of hardships an opportunity to attain a higher education.

Although these students may not fit the traditional profile of a high academic performer, they have overcome significant obstacles to achieve their goals, demonstrating extraordinary potential and strength of character. To be eligible for an Investment in Success scholarship, students must be nominated through one of the California Masonic Foundation's educational partnerships; no direct applications are accepted.

Learn more about Investment in Success on the California Masonic Foundation website.

Support Public Education Initiatives

From scholarships to elementary school literacy, California Masons are making a profound difference for public schools and students in need. Your gift to the Annual Fund supports public schools statewide.

"Brotherly love, belief, truth, temperance, fortitude, prudence, justice these are far more potent to human development, to human relations, to human life, than are the rules of science. It is simply a question of physical of spiritual values." - L. L. Williams

Masonic Lamb



What is the significance of the Masonic lamb?

The lamb is a symbol of innocence and purity.

White Masonic Lambskin Apron

Operative Freemasonry: In operative Freemasonry, an apron was worn by operative masons to preserve their garments from stain.

Speculative Freemasonry: In speculative Freemasonry, the apron reminds us that we must keep ourselves away from moral defilement; or in the more figurative language as read in the Holy Scripture; we must keep our garments white and keep ourselves unspotted from the world.

From the New Testament: **"Unspotted from the World"**

James 1:21 - "Lay aside all filthiness and overflow of wickedness."

James 1:26-27: "If anyone among you thinks he is religious and does not bridle his tongue but deceives his own heart, this one's religion is useless. Pure and undefiled religion before God and the Father is this: to visit orphans and widows in their trouble, and to keep oneself unspotted from the world."

Gallatians 5:19-21: "Now the works of the flesh are evident, which are: adultery, fornication, uncleanness, lewdness, idolatry, sorcery, hatred, contentions, jealousies, outbursts of wrath, selfish ambition, dissensions, heresies, envy, murders, drunkenness, revelries, and the like; of which I tell you beforehand, just as I also told you in time past, that those who practice such things will not inherit



¹. <https://www.masonic-lodge-of-education.com/masonic-lamb.html>

May 2022


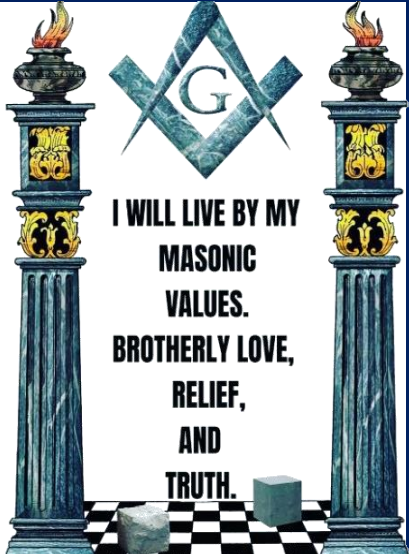
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
					3 rd Degree Practice @ MVL 289 Time: 7:00pm	
8	9	10	11	12	13	14
			3 rd Degree Practice @ MVL 289 Time: 7:00pm		3 rd Degree @ MVL 289 Time: 7:00pm	
15	16	17	18	19	20	21
	O S I MVL 289 – Hosted by Murrieta Lodge #869. How to do a Candidate Investigation					
22	23	24	25	26	27	28
					GJRL STATED MEETING DINNER: 6:00 PM MEETING: 7:30 PM	
29	30	31				
						

“Everything which tends to combine men by stronger ties is useful to humanity; in this point of view Masonry is entitled to respect. - LaLande

Committee

Audit Committee Bro. Alvin Nillasca Bro. Ian Mercurio Bro. Dexter Donor	Rusty Trowel WB Ernie Pagulayan Bro. Carlito Gabi WB Allan Solis	Charity & Relief Committee Current Master & PM	Social & Civic Committee Bro. Ricky Villegas Bro. Amor Ledina Bro. Joe Quimson	Outreach Committee WM J.P. Cariaga WB Ernie Pagulayan Bro. Sammy Larraquel
	Scholarship Committee Bro. Audie Musngi Bro. Nicanor Nono Bro. Cesar Catamisan	Investigating Committee To be appointed by the WM		

APPOINTED

Fraternal Support Ambassador	Masonic Education	Masonic History	Member Retention	Photographer
Candidate's Coach Primarily the Bro. who recommended the applicant. Secondary: Bro. Ray Abayan Bro. Vic Sardilla Bro. Sam Gillo Bro. Sal Reyes Jr.	Officer's Coach Current Master & PM Petitioner's Coach Primarily the Bro. who recommended the applicant			

"Freemasonry is an establishment founded on the benevolent intention of extending and conferring mutual happiness upon the best and truest principles of moral life and social virtue."



OFFICERS

Position	Name	Phone No.	Email Address
Worshipful Master	Saturnino Cariaga, Jr, PM		
Senior Warden	Ernesto Pagulayan, PM		
Junior Warden	Rick Opina, PM		
Treasurer	Ricky Villegas		
Secretary	Vonn Deguzman		
Chaplain	Daniel Macaraeg, PM		
Assistant Secretary	Sammy Gillo		
Senior Deacon	Amor Ledina		
Junior Deacon	Joe Quimson		
Marshal	Dexter Donor		
Senior Steward	Joanathan Elona		
Junior Steward	Angelo Alano		
Tiler	Ferdinand Dar		
Organist	Alvin Nillasca		
Officer's Coach	Allan Solis		

10

Birthday		Masonic Birthday	
WB Carl Black	May 13	Bro. Audie Musngi	May 8
Bro. Jeffrie Espinosa	May 31	Bro. Joe Quimson	May 17
		Bro. Amorsolo Ledina	May 29
		Bro. Carlito Lesigues	May 31

Living Past Masters			
Ernesto M. Pagulayan III	2006		
Daniel Macaraeg	2013		
Allan V. Solis	2013		
Recuerdo N. Opina	2017,2018		
Carlton F. Black	2019, 2016		
J P Cariaga	2019, 2020, 2021		

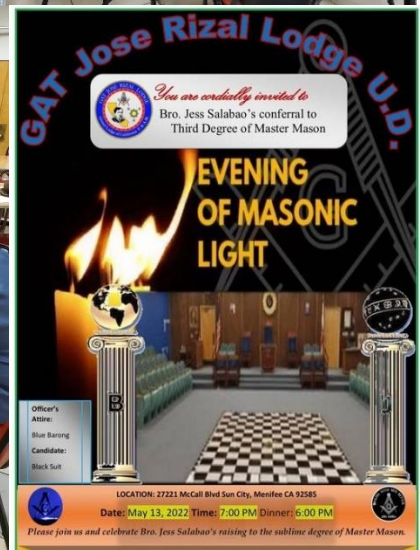


April 2022 Stated Meeting



11

Come Join us to
our next Stated
Meeting on
May 27, 2022



"Freemasonry is an institution calculated to benefit mankind. - Andrew Jackson

May 2022 2nd Degree Proficiency

Bro Ron Hernando



12



"Freemasonry is an institution founded on eternal reason and truth; whose deep basis is the civilization of mankind, and whose everlasting glory it is to have the immovable support of those two mighty pillars, science and morality."

Talking About Freemasonry: Back to the Basics

Unfortunately, Freemasonry is the subject of a whole lot of misconceptions. And not all of those come from Hollywood. One of the most common of these is the difference between sharing information about Masonry, on the one hand, and “recruiting.”

That’s an issue Hanin has dealt with often in his lodge. “There’s a belief that ‘one’s own free will and accord’ means prospects have to make up their minds about the fraternity without the benefit of information provided by current members,” Hanin says. That’s not true. Members should feel free to talk about the fraternity’s history and the specific activities of their lodge. “We should feel empowered to share the best parts of the fraternity with friends and family. If we’re truly proud of our membership, we should share it.” That’s an important point, and perhaps the one that’s most important to clarify: **Members are free to discuss Freemasonry in general, or their lodge, with anyone at all.** We have lots of information geared toward prospective members or those curious about Masonry available online, as well including a series of brand-new pages meant to answer basic questions about Freemasonry.

The only things that members are prohibited from talking about are the particulars of the ritual and the signs (words and gestures) that Masons use to identify themselves. Those are considered private and only shared with members as they progress through the degrees.

13

Where to Begin

Now that we’ve established what members can and can’t say, a new question emerges: What should they say?

For many members, this is harder than it sounds. To help his own lodge achieve some uniformity on the matter, Hanin has produced a brief informational brochure that outlines some basic information about the lodge, Freemasonry, and what members can and can’t say. “We were finding that we had prospects attending our dinners and talking to members, but still leaving having no idea what the fraternity was really all about,” he says.

The Grand Lodge has developed a similar booklet, which offers simple and concise answers to common questions about Freemasonry that can be helpful for those looking for more information. It’s also helpful for current members who might struggle to explain certain aspects of the organization. [DOWNLOAD THE BOOKLET HERE.](#)

By aligning on these kinds of questions and sharing simple, accurate information, we can help inform the next generation of potential members and help to correct some of the misconceptions about Masonry that have endured in popular culture.

“Freemasonry is an order whose leading star is philanthropy and whose principles inculcate an unceasing devotion to the cause of virtue and morality.”

A Primer

Some common questions about Freemasonry are relatively easy to answer. What's a lodge? How many degrees are there? Others are harder, or at least more nuanced. Here are a few of the most frequent—and difficult—questions we hear. (Review more in the new booklet.)

Is Masonry a religion?

Freemasonry is not a religion, nor is it a substitute for religion. It is a social organization that focuses on personal development, philanthropy, and service. Freemasonry welcomes people of all spiritual backgrounds. But, to get the most out of Freemasonry, a requirement of membership is to believe in a higher power. What that means is personal to each person. Some may refer to it by a name and others might not have a name for the higher power at all.

Are there women Masons?

Women have been Masons for centuries. In California today, there are several lodges made up of exclusively women. There are also lodges with both men and women as members. Others, like those belonging to the Grand Lodge of California, are made up solely of men. A list of women's and co-ed lodges can be found at freemason.org/masonic_organizations/.

Is Masonry a secret society?

Freemasonry is not a secret society. We keep parts of our ceremonies private because they are deeply meaningful, and we want each person to have experience them firsthand in the lodge room. We're big fans of NO SPOILERS!

14

What's the relationship to Prince Hall Masonry?

Prince Hall Masonry is a historically Black branch of Freemasonry that began in the 1700s. Today, Prince Hall lodges accept people of all races and ethnicities, as does the Grand Lodge of California. It maintains its structure to preserve and perpetuate the memory of Prince Hall, the founder of the organization. The Grand Lodge of California and the Prince Hall Grand Lodge of California are different organizations but partner on many social and charitable events throughout the state. Read more about this relationship in *California Freemason Magazine*.

"Freemasonry has become the preserver of certain traditions and ideas, but it rarely questions the values and quality of some of these ideas." - Conrad Hahn

The Takeaway

Masons are totally free—even encouraged—to discuss the history of the fraternity, the nature of their lodge, and their own experience in it with anyone they choose. The only things they can't discuss are the signs, grips, and passwords that Masons use to greet one another, or the specifics of the degree ceremonies. That means we can talk about Masonic symbols and what they mean. We can talk about the roles of different lodge officers, and why they wear certain regalia and sit in certain positions. Perhaps most importantly, we can talk about how Masonry has impacted our life, and what it means to us.

HEALTH TIPS



For Seniors: A Checklist for Good Health

Staying healthy is important at any age, but for seniors, it is even more important for living a long, happy and active life. Here is a quick checklist to help maintain good health as you age.

1. Don't forget your well visits and recommended screenings

Studies show that about 10% fewer adults have annual contact with a medical professional when compared to kids. Although this may not be surprising, wellness visits are extremely important. Today's wellness exams go beyond the standard physical, allowing doctors to identify preventive measures that will keep you healthier and save you money.

For more information on what to expect from an adult well visit, check out the following:

- [Well Visits Are Just as Important for Adults](#)
- [What Is an Annual Wellness Exam?](#)

In addition to your annual well visit, don't forget the recommended health screenings for [prostate cancer](#), [colon cancer](#) and [breast cancer](#).

2. Exercise and stay active

As you get older, it can be easy to find excuses to let yourself slow down. However, [exercise is vitally important for seniors](#). "Exercise improves your quality of life, meaning everything from how much activity we can do, to [what kind of mood](#) we're in," said Kristina Balangue, MD, a geriatrician at [Banner - University Medical Center Phoenix](#).

No matter your fitness level, here are just a few ways to exercise and stay active:

- [Tai Chi: The Perfect Low-Impact Activity for Seniors?](#)
- [Walk Your Way to Better Health with These Tips](#)
- [Swim, Swim, Swim for Your Joints and Heart](#)
- [How to Keep Your Muscles Strong as You Get Older](#)

And don't forget, [keeping your mind active](#) is as important as exercising your muscles and joints. Keep your mind engaged by taking classes, learning new skills and hobbies, playing games or reading, and most importantly, keeping up your social relationships with friends and family.

3. Maintain strong bones

Most of us really don't think about our bones until one breaks. However, [bone health](#), like other aspects of your health, needs to be worked on for years. The good news is that it's never too late to take care of your bones and slow bone loss. Check out this article for "[5 Tips for Keeping Your Bones Strong](#)".

Want to know more about your risk for [osteoporosis](#)? Talk to your doctor about a [DEXA bone density scan](#). It is a common screening test for women over 65 and can help predict your risk of fractures or osteoporosis.

4. Don't let joint pain slow you down

Aging gracefully can sometimes be a pain ... in [your joints](#), that is. Whether from disease or injury, any damage can interfere with your movement and take a toll on your entire body. Here is some additional information on ways to reduce symptoms and manage your pain:

- [Nine Tips for Safe Pain Management](#)
- [Four Ways to Feel Hip at Every Age](#)
- [Five Reasons Why Your Spine Loves Yoga](#)

If pain management is not doing the trick, it may be time for a [joint replacement](#). Learn more about [hip](#), [knee](#), [shoulder](#) and [other joint replacements](#) at [bannerhealth.com](#).

5. Eat a heart healthy diet

Taking care of your heart should be a top priority for everyone. The good news is there are [some easy ways](#) to keep your heart ticking for years to come. Eating a heart healthy diet is an important first step. Not sure where to start

- [Reducing Cholesterol with Healthy Eating](#)
- [Get “the Skinny” on Fats: The Good, the Bad and the Worst for You](#)
- [Cooking with Oils: What You Need to Know](#)
- [7 Ways to Lower Your Sodium Intake](#)

Even if you’ve had a heart attack, it’s never too late to make healthy lifestyle changes and improve your heart health—while improving your overall health. For more information, check out "[8 Ways to Improve Your Health After a Heart Attack](#)".

6. Take care of your eyes

People see primary care doctors, the dentist and even mental health specialists on a regular basis. But are you taking [proper care of your eyes](#), especially if you don’t already use corrective lenses? It’s important to have your eyes checked regularly to prevent eye diseases such as age-related macular degeneration, [cataracts](#), [glaucoma](#), low vision and even dry eyes. Set up an appointment now for a [routine eye exam](#).

Whether you’re at work, home or outdoors, there are also preventive measures you can take to protect your eyes. Wearing sunglasses, even on a cloudy day, is one of the most important ways to protect your eyes from ultraviolet rays and avoid lasting damage to your cornea. Yes, [your eyes can get sunburned](#) too!

7. Make sure your hearing is loud and clear

Have you noticed that sometimes it’s hard to understand what people are saying even though you can hear them? Does your partner complain that you have the TV volume up too high? Do you have a persistent ringing in your ears? If so, you might be [experiencing hearing loss](#), or a related condition called [tinnitus](#).

Don’t let hearing loss interfere with your day-to-day activities. Make an appointment with your health care provider today to see if [hearing aids may be right for you](#).

For other hearing-related information:

- [Are Earbuds Putting Your Hearing at Risk?](#)
- [Earwax: Three Reasons to Put Down the Cotton Swab](#)
- [Cochlear Implants: A Gift of Sound](#)

8. Keep a skip in your step

Your feet and ankles are put under constant pressure making them susceptible, in some instances, to inflammation, pain and limited movement and flexibility. Taking care of your feet and [wearing appropriate footwear](#) is important to maintaining an active lifestyle.

If you are [experiencing foot, ankle or heel pain](#), check out these articles for more information on how to keep a skip in your step:

- [Do Your Feet Under or Overpronate? Here’s How to Tell](#)
- [What Are Bunions and How to Treat Them](#)
- [Are Over-the-Counter Insoles a Waste or Worth It?](#)
- [Don’t Let Heel Pain Get You Down](#)

9. Keep your medications organized and safe

Especially as we age, you might need to take different medications to manage different health conditions. It’s important to review your medications regularly with your pharmacist and your health care provider to make sure everything is necessary and to identify possible interactions.

Learn more about [safely managing your medications](#):

- [The Top Warning Signs You Might Be Taking Too Many Medications](#)
- [The Importance of Taking Your Medications as Prescribed](#)
- [Why You Should Never Throw Away That Medication Package Insert](#)

Do you have diabetes? Managing your medications and insulin can present some unique challenges. Here are “[6 Medication Safety Tips for Older Adults with Diabetes](#)”.

10. Get your beauty rest

Why does restful sleep get more elusive the older we get? Studies have shown that 50% of Americans over the age of 65 [suffer from sleep problems](#); and as we age, losing sleep at night can also lead to other health concerns, like an increased [risk of falling](#) and daytime fatigue.



Sis Nely Otbo

Happy
Birthda
y
Dan Macaraeg



Bro. Jonathan Elona
Bro. Carlito Lesigues

18



“Gradually the true Mason gains experience in using these working tools and can observe subtler and subtler indications of personal flaws.”

Assisted Living and Memory Care, Elevated



The **PAVILION** AT THE MASONIC HOMES

Welcome home! The Masonic Home at Union City is pleased to announce the grand opening of its new Pavilion, where those who need memory care and assistance with day-to-day living can enjoy comfortable living quarters in a beautiful, community-minded atmosphere.

Our person-centered philosophy of care offers residents the opportunity to live their best life safely, with a helping hand when needed. From a rousing card game, an event in our communal living spaces, or just relaxing in their beautiful new apartments, residents find that the Pavilion offers a haven for their body, mind, and soul.

**Call to schedule a tour today:
(888) 466-3642**

34400 Mission Blvd. in Union City, CA



**Masonic Homes
of California**
Masonichome.org

RCFE #011440125 SNF #020000063 COA #151

19



**Masonic Homes
of California**

WE'RE HERE TO HELP

RELIEF FOR CALIFORNIA MASONS AND THEIR FAMILIES

- Information and referrals
- Senior communities in Covina and Union City
- Statewide Masonic Outreach Services for members of all ages and their families
- Transitions short-term care for neurological and post-surgical rehabilitation (Union City)
- The Masonic Center for Youth and Families in San Francisco and Covina—with telehealth services now available everywhere
- **NEW!** Shared housing for seniors in Covina

**CONTACT US TODAY TO ACCESS YOUR
MEMBER BENEFITS AND SERVICES:**

masonichome.org
(888) 466-3642

mcyaf.org
(877) 488-6293 (San Francisco)
(626) 251-2300 (Covina)

Masonic Value Network:

Care Resources +
Prescription Discounts

masonichome.org/ValueNetwork

Our Mission and Values

We are devoted to helping our communities and families live well and achieve meaningful and rewarding lives. This vision is embodied by our residents and clients, as well as our volunteers, partners, and staff.

Our core customer service pillars guide us to value the safety of our residents and clients, our strong personal connections, provide meaningful life experiences, and to efficiently find new ways to constantly improve our services.

In all of our work, the Masonic Homes of California is guided by the charitable mission and values of the [Masons of California](#), a nonprofit fraternal organization with more than 50,000 members.

TODAY IN MASONIC HISTORY

Mark Wayne Clark is Born

Today in Masonic History Mark Wayne Clark is born in 1896.

Mark Wayne Clark was an American army general.

Clark was born in Sacketts Harbor, New York on May 1st, 1896. His father was a career infantry officer and was stationed there. He grew up most of the time in Highland Park, Illinois while his father was stationed at Fort Sheridan. Clark gained an early admission to West Point, although his education was slow due to frequent illness. His classmates called him "Contraband" due to his ability sneak candy into the barracks. He graduated from West Point in April 1917.

After graduation, due to an expanding Army caused by World War I, Clark was rapidly promoted from 2nd lieutenant to 1st lieutenant and finally to captain all in the period of a few months. During World War I, he served in France as part of the United States 11th Infantry. He was wounded by shrapnel in Vosges Mountains. He spent the rest of the war in the General Staff Headquarters of the First United States Army.

Between World War I and World War II, Clark served at a variety of duty stations including a training instructor for the Indiana National Guard where he was promoted to Major. In 1940 he was promoted to lieutenant colonel. By 1941, he was promoted to Brigadier General, jumping two ranks, just a few months before the United States official entry into World War II.

20

In January 1942, Clark was appointed Deputy Chief of Staff Army Ground Forces. Just a few months later he was promoted to Chief of Staff, as high-ranking officers were shifted to create new commands. By the end of 1942, Clark had received another promotion to Major General and had been moved to the African Theatre where he was deputy commander-in-chief under Eisenhower. Clark's chief duty was the planning of Operation Torch which was the imminent landing of allied forces in North Africa. After the successful landing, Clark was promoted to Lieutenant General, making him the youngest three-star general in the United States Army.

The rest of World War II brought controversies for Clark. The 5th Army was nearly defeated at Salerno when Operation Avalanche was nearly defeated by a German Counterattack. At the Battle of Monte Cassino, Clark was ordered to destroy the Abbey of Monte Cassino by his superiors. Clark resisted the orders and forced his commanding officer to give him explicit orders to bomb the Abbey. After World War II he was called before Congress to answer claims a disastrous battle at the Rapido River caused the death of thousands of soldiers and was his fault. Congress cleared Clark of all blame.

In 1945, Clark was promoted to General. Shortly after he accepted the surrender of German forces in Italy. During the Korean war, Clark served as the commander of the United Nations Command, assuming the role in May of 1952.

After retiring, Clark served as the president of the Citadel, a military academy in Charleston, South Carolina. Clark passed away on April 17, 1984.

Clark was a member of Mystic Tie Lodge No. 398 in Indianapolis, Indiana.



1. https://www.masonrytoday.com/index.php?new_month=05&new_day=1&new_year=2022



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