

GAT Jose Rizal Lodge U.D.



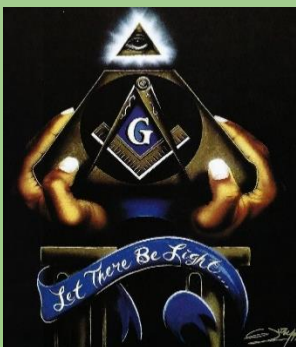
September 1, 2022

MMXXI

Volume: 2 Issued: 8

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"Through Freemasonry, we make true friends, improve ourselves, and have a positive impact on our communities."

From the desk of the
Worshipful Master



By: WM J. P Cariaga, PM



Menu for the Stated Meeting Dinner

No Available Menu

Stated Meeting Sponsors for September 2022

WB Carl Black WB JP Cariaga

Bro Jess Salabao Bro Dex Donor



Trestleboard Editors:

Bro. Sammy Gillo
Bro. Vonn DeGuzman

STATED MEETING

Every 4th Friday of the
Month

27221 McCall Blvd
Menifee, CA 92586

Brethren

Welcome to the fall season! I can't believe it is almost the time of celebration for Gat Jose Rizal. We are anticipating the masonic conference in San Francisco this October where our lodge will obtain the much-awaited lodge number. I also would like to personally thank each and every one who made our annual golf tournament a success.

It is the goal of every lodge to grow and improve in masonry in lieu of this I would like to congratulate Bro Brian and Bro Martin for being elected to receive degrees in masonry. Welcome to the Craft My Brothers. Thank you to the brothers who helped guide our newly elected Brothers. May they continue to grow in their craft.

We have a number of activities that needs each and everyone's time and effort in order for it to be successful. Among these activities are the Halloween trunk or treat. A safe place for kids to have fun during Halloween. The Constitution in November. A celebration of achievement for our lodge. Finally, our annual Christmas Party. A celebration of friendship and brotherhood for now and the years to come.

Finally, I would like to instill to each and every one the practice of safety during these festivities. Again, thank you and see you on the next stated meeting.

Sincerely yours,

JP Cariaga WM

2B1  ASK1

Freemasonry promotes a way of life that binds like-minded men with the principles of Brotherly Love, Relief and Truth in order to serve God, Family, Country, Neighbor and Self.



Brethren,

Thank you to all who attended our August 2022 Stated Meeting. It is always good and pleasant to see the brethren. We also thank the brethren who labored and prepared the food that was partaken before the Meeting.

We have 2 new candidates that were voted to receive the degrees of Freemasonry in our lodge and as such, Bro. Amor Ledina is taking charge in the preparation as well as the execution of the degree work. Let us continue to help each other by partaking in these momentous occasions.

Our Lodge calendar for September is full. We have a 1st degree Practice, two 1st degree conferral, and OSI. Please make the effort to make yourself available on these events. All are equally important. Attending and participating on these events is how we become proficient.

Lastly and as always, let us continue to support the lodge and all its endeavors. Always remember that you are a reflection and a representation of GAT José Rizal Lodge UD.

S/F,

Bro. Ernie Pagulayan, PM
Senior Warden

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If you have some important information that needs to be on the Trestleboard, please don't hesitate to contact the Lodge Secretary (SecretaryGJRL@gmail.com)

or Bro. Sammy Gillo
(sharmaelly@gmail.com)

OSI CORNER

August	Dark Dark
09/20	Hemet San Jacinto Lodge #338, 1 st Degree, Master's Lecture
10/20	Menifee Valley Lodge # 289, Balloting, Flag Presentation, and Elections.
11/21	Temecula Catalina Island Lodge #524, Practice Installation of Lodge Officers
Dec	Dark Dark



Brethren and families

The beginning of the Fall Season is once again upon us. Typically, temperature tends to cool down in this month, which is good, because I think we all need a 'break' from the torching, hot summer season. Well, our lodge had a "break" last month as we were dark almost the entire month. Welcome back to those who found time for vacationing and enjoying what life has to offer.

The month of September is nothing new. Observed Holidays include: Labor Day on Sept 5th, Patriot Day on Sept 11, and Constitution Week on Sep 17 – 23. Our 2nd Annual Golf Fundraising event is on September 10th at the Menifee Lakes Country Club. We expect a few degree conferrals. Please come support these degrees, as well as all events of the lodge. I also consider this month as the time to think about the upcoming Holidays. We want our lodge to continue enjoying good fellowship events. If you have any ideas to help us plan for our Holiday events, I urge you to contact us. Our Constitution Day is also around the corner. It is the day our lodge receives its "Charter" which makes us a "constituent" lodge of the Grand Lodge of California.

In closing, a Past Master once said, "Our attitudes are the very foundation of our many decisions, decisions which affects us personally, our families, our relations to others in society and actions as citizens." Let's take a hard look at our own personal attitudes, they are much more important than we think. The attitudes we develop as we proceed through life can either become stumbling blocks or great building materials.

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Fraternally,

Rick Opina, PM
Junior Warden

Stated Meeting Sponsors for Oct 2022



Stated Meeting Sponsors for Nov 2022





Brethren,

Fraternal Greetings! As you have noticed there was no August edition of the Trestleboard. Do not fret because Brother Sam did not forget to create one. It was decided that we will not publish the Trestleboard in August. In the next three months, the lodge will be reaching three additional milestones.

First, is the Second Annual Golf Fundraising. Second, we have the second batch of candidates to be initiated into Freemasonry. Last, is our lodge Constitution. Please come out and support the lodge Annual Golf Fundraising Tournament. It will be a great time for everyone to come out for a day or golf and have some fellowship while helping the lodge cement its financial future. The new batch of petitioners are Mr. Bryan Chopetea and Martin Carongcong. You can read about these two great candidates in our new Petitioner Section. We had discussed in ad nauseam our Constitution. We all had great time during our institution, let's go all out for our Constitution.

This month in Freemasonry, two of the previous United States Presidents were initiated into Freemasonry (James Polk and Gerald Ford). George Washington laid the cornerstone of the U.S. Capitol building in full Masonic regalia. The Grand Master of the Grand Lodge of D.C. recognized the Prince Hall Grand Lodge of D.C.

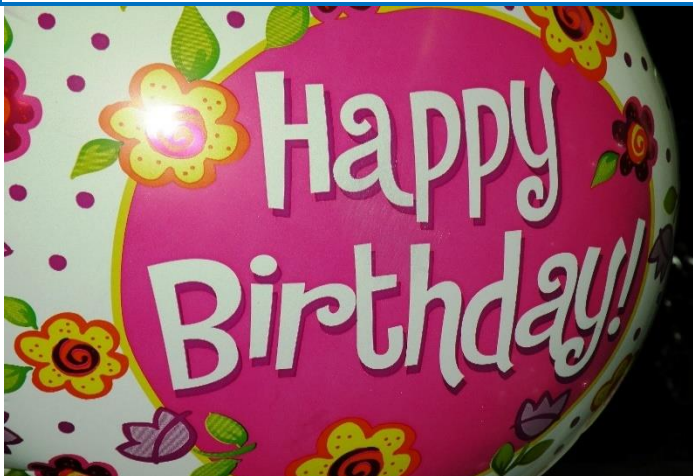
Fraternally,

Bro. Vonn DeGuzman

GJRL Lodge Secretary

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Sister Birthday		Wedding Anniversary	



FUND RAISING SECTION

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Welcome to Menifee Lakes Country Club

29875 Menifee Lakes Drive
Menifee, CA 92584

Hole Sponsorship: \$100.00

When: Saturday, September 10, 2022

Check-in Time: 6:00 am

Shotgun: 7:30 am

Registration: \$ 100.00/per (advanced reservation recommended)

POC:
Bro. Vonn Deguzman
Tel: 951-827-5027
Email: secretarygjr@gmail.com
Bro. Angelo Alano
Tel: 949-867-7023
Email: angelo.alano73@gmail.com

Mode of payment:

- Cash
- Check
- Card (\$5.30 extra charge)
- Zelle – secretarygjr@gmail.com
- Paypal – secretarygjr@gmail.com

PRIZES

Chances of HOLE-IN-ONE in ALL PAR 3s

Grand Prize: \$ 8,000.00 (Hole in One Par 3)

Prize giveaways

Registration includes:
Green fee with cart, & range balls

Trophies for:

- ✕ Lowest Net
- ✕ Lowest gross
- ✕ Closest to the Pin on all par 3's
- ✕ Most Honest player

GAT Jose Rizal Lodge U.D.

2nd Annual Golf Tournament Fundraising

Proceeds: Gat Jose Rizal Lodge UD Operations and Purpose



“Real joy comes not from ease or riches or from the praise of men, but from doing something worth while. -Wilfred T. Grenfell.”

SCHOLARSHIPS AND ADDITIONAL FINANCIAL AID

The Masons of California believe that a person who strives to improve himself can also improve his community and the world at large. To help future generations achieve this goal, the California Masonic Foundation and other Masonic-affiliated organizations award more than \$1 million in scholarships to students every year. Scholarships awarded by the California Masonic Foundation have enabled thousands of students to attend college.

Masonic scholarships

Below are links to scholarships provided by our Youth Orders and Concordant Bodies. Most offer preference to applicants that have Masonic ties. We also encourage you to reach out directly to your local Masonic lodge as some offer their own lodge-based award. To locate a lodge near you, please visit the lodge locator.

DeMolay

norcaldemolay.com/2018-demolay-foundation-scholarship-application-now-available/demolay.org/Scholarship/demolay.org/scholarships/affiliated-scholarships/

Order of the Eastern Star

oescal.org/?q=scholarships

Job's Daughters

cajdfoundation.org/Scholarships.html

Rainbow Girls

gocarainbow.org/all-about-ca-rainbow/scholarships/

High Twelve International

wolcottfoundation.com/fellowships.html

California Scottish Rite

casr-foundation.org/

Santa Barbara Scottish Rite

santabarbarascottishrite.org/philanthropic/

Investment in Success

The Investment in Success scholarship program gives high school seniors who demonstrate an active pursuit of education in spite of hardships an opportunity to attain a higher education.

Although these students may not fit the traditional profile of a high academic performer, they have overcome significant obstacles to achieve their goals, demonstrating extraordinary potential and strength of character. To be eligible for an Investment in Success scholarship, students must be nominated through one of the California Masonic Foundation's educational partnerships; no direct applications are accepted.

Learn more about Investment in Success on the California Masonic Foundation website.

Support Public Education Initiatives

From scholarships to elementary school literacy, California Masons are making a profound difference for public schools and students in need. Your gift to the Annual Fund supports public schools statewide.

MASONIC EDUCATION



Masonic Mosaic Pavement

What exactly is the Masonic Mosaic Pavement?

Mosaic pavement,...Are its edges tarsellated, tessellated or tassellated?

Here is what Albert Mackey, noted American Masonic historian and scholar had to say about our Mosaic flooring, in which he defines the difference between "tarsel", "tessel" and "tassel". ...from Mackey's Revised Encyclopedia of Freemasonry, 1929:



the history of words.)

Mosaic work consists properly of many little stones of different colors united together in patterns to imitate a painting. It was much practiced among the Romans, who called it *museum*, whence the Italians get their *musaico*, the French their *mosaïque*, and we our mosaics. The idea that the work is derived from the fact that Moses used a pavement of colored stones in the tabernacle has been long since exploded by etymologists. (Etymology is the study of

The Masonic tradition is that the floor of the Temple of Solomon was decorated with a mosaic pavement of black and white stones. There is no historical evidence to substantiate this statement. Samuel Lee, however, in his diagram of the Temple, represents not only the floors of the building, but of all the outer courts, as covered with such a pavement.

The Masonic idea was perhaps first suggested by this passage in the Gospel of Saint John xix, 13, "When Pilate, therefore, heard that saying, he brought Jesus forth, and sat down in the judgment-seat in a place that is called the Pavement, but in the Hebrew, Gabbatha." The word here translated Pavement is in the original *Lithostroton*, the very word used by Pliny to denote a mosaic pavement.

The Greek word, as well as its Latin equivalent is used to denote a pavement formed of ornamental stones of various colors, precisely what is meant by a Mosaic Pavement. There was, therefore, a part of the Temple which was decorated with a mosaic pavement. The Talmud informs us that there was such a

pavement in the Conclave where the Grand Sanhedrin held its sessions.

By a little torsion of historical accuracy, the Freemasons have asserted that the ground floor of the Temple was a mosaic pavement, and hence as the Lodge is a representation of the Temple, that the floor of the Lodge should also be of the same pattern. The mosaic pavement is an old symbol of the Order.

It is met with in the earliest Rituals of the eighteenth century. It is classed among the ornaments of the Lodge in combination with the indented tassel and the blazing star. Its parti-colored stones of black and white have been readily and appropriately interpreted as symbols of the evil and good of human life.

TARSEL

In the earliest Catechisms of the eighteenth century, it is said that the furniture of a Lodge consists of a "Mosaic Pavement, Blazing Star, and Indented Tarsel." In more modern catechisms, the expression is "indented tassel," which is incorrectly defined to mean a tessellated border. Indented Tarsel is evidently a corruption of indented tassel, for a definition of which see Tessellated Border.

Mosaic Pavement, Blazing Star In the Lodge

TARSEL BOARD

We meet with this expression in some of the old Catechisms as a corruption of Trestle-Board.

TASSELS

In the English and French Tracing Boards of the First Degree, there are four tassels, one at each angle, which are attached to a cord that surrounds a tracing-board, and which constitutes the true tessellated border.

These four cords are described as referring to the four principal points, the Guttural, Pectoral, Manual, and Pedal, and through them to the four cardinal virtues, Temperance, Fortitude, Prudence, and Justice (see Tessellated Border, also Tuliith). The Hebrew word *tsitsith* means both fringes and tassels in the Old Testament.

Note Deuteronomy (xx, 12), where the older translation has fringes and the Revised Version gives borders, the latter agreeing with border of Mark (vi, 56) and Luke (viii, 44). Where the Revised Version has "border" throughout, the Authorized Version has "hem" in Matthew (ix, and xiv 36).

As symbols of great importance, their use was ordered in Numbers (xv, 35, 40), "Speak unto the children of Israel, and bid them that they make them fringes in the borders of their garments, throughout their generations, and that they put upon the fringe of the borders a ribband of blue: That ye may



remember, and do all my commandments, and be holy unto your God."

Tassels (Fringes) Worn Upon Jewish Garments, Today

Simon-Sez: For more information about the fringes and tassels (tsitsith), mentioned in first the Jewish Torah

and later in the Christian Old Testament, which are still worn by the Jews, today, see my page, [Masonic Blue](#).

Now, back, to Dr. Mackey's dissertation about the Masonic Mosaic Pavement.

"TESSELATED

From the Latin "tessela", a little square stone. Checkered, formed in little squares of Mosaic work. Applied in Masonry to the Mosaic pavement of the Temple and to the border which surrounds the tracing board, probably incorrectly, in the latter instance.

TESSELATED BORDER

Browne says in his Master Key, which is supposed to present the general form of the Prestonian lectures, that the ornaments of a Lodge are the Mosaic Pavement, the Blazing Star, and the Tesselated Border; and he defines the Tesselated Border to be "the skirt-work round the Lodge".

Webb, in his lectures, teaches that the ornaments of a Lodge are the Mosaic pavement, the indented tessel, and the blazing star; and he defines the indented tessel to be that "beautifully tessellated border or skirting which surrounded the ground-floor of King Solomon's Temple."

The French call it "la houpe dentelee," which is literally the "indented tessel"; and they describe it as "a cord forming true-lovers' knots, which surrounds the tracing-board."

The Germans call it "die Schnur von starken Faden," or the "cord of strong threads", and define it as a border surrounding the tracing-board of an Entered Apprentice, consisting of a cord tied in lovers' knots, with two tassels attached to the ends.

The idea prevalent in America, and derived from a misapprehension of the plate in the Monitor of Cross, that the tessellated border was a decorated part of the Mosaic pavement, and made like it of little square stones, does not seem to be supported by these definitions. They all indicate that the "tessellated border" was a cord.

Mosaic Pavement Symbolism: The interpretation of its symbolic meaning still further sustains this idea.

Browne says "it alludes to that kind care of Providence which so cheerfully surrounds and keeps us within its protection whilst we justly and uprightly govern our lives and actions by the four cardinal virtues in divinity, namely temperance, fortitude, prudence, and justice." This last allusion is to the four tassels attached to the cord.

Webb says that it is "emblematic of those blessings and comforts which surround us, and which we hope to obtain by a faithful reliance on Divine Providence."

The French ritual says that it is intended "to teach the Mason that the society of which he constitutes a part surrounds the earth, and that distance, so far from relaxing the bonds which unite the members to each other, ought to draw them closer."

Lenning says that it symbolizes the fraternal bond by which all Masons are united.

But Gadické is more precise. He defines it as "the universal bond by which every Mason ought to be united to his brethren," and he says that "it should consist of sixty threads or yarns, because, according to the ancient statutes, no Lodge was allowed to have above sixty members."

Oliver (Landm., i., 174) says "the Tracing-Board is surrounded by an indented or tessellated border...at the four angles appear as many tassels." But in the old English tracing-boards, the two lower tassels are often omitted. They are, however, generally found in the French.

Lenning, speaking, I suppose, for the German, assigns to them but two. Four tassels, are, however, necessary to complete the symbolism, which is said to be that of the four cardinal virtues.

The tessellated, more properly, therefore, the tassellated border consists of a cord intertwined with knots, to each end of which is appended a tassel. It surrounds the border of the tracing-board, and appears at the top in the following form:"

Simon-Sez: The image of this form is omitted due to my lack of the proper graphic. The graphic shows the 2 knots and 2 tassels.

The graphic may be found on page 778 of Mackey's Revised Encyclopedia of 1929. Thank you.

Back to Dr. Mackey.

"There is, however, in these old tracing-boards another border, which surrounds the entire picture with lines, as in the following figure:"

Simon-Sez: The image of this form is also omitted due to my lack of the proper graphic. The graphic shows the black and white triangles which make up the border.

The graphic may be found on page 778 of Mackey's Revised Encyclopedia of 1929. Back to Dr. Mackey.

"This indented border, which was made to represent a cord of black and white threads, was, I think, in time mistaken for tessellae, or little stones; an error probably originating in confounding it with the tessellated pavement, which was another one of the ornaments of the Lodge.

We find that we have for this symbol five different names:

...in English, the indented tassel, the indented tassel, the indented tassel, the tassellated border, and the tessellated border;

...in French, the houpe dentelee, or indented tassel; and,

...in German, the Schnur von starken Faden, or the cord of strong threads.

The question what is the true tessellated border would not be a difficult one to answer, if it were not for the variety of names given to it in the English rituals. We know by tradition, and by engravings that have been preserved, that during the ceremonies of initiation in the early part of the last century, the symbols of the Order were marked out in chalk on the floor, and that this picture was encircled by a waving cord.

This cord was ornamented with tassels, and formerly a border to the tracing on the floor was called the indented tassel, the cord and the tufts attached to it being the tassel, which, being by its wavy direction partly in and partly outside of the picture, was said to be indented. This indented tassel was subsequently corrupted by illiterate Masons into indented tassel, the appellation met with in some of the early catechisms.

"To fulfill the dreams of ones youth; that is the best that can happen to a man. No worldly success can take the place of that. -Willa Cather."

Afterward, looking to its decoration with tassels and to its position as a border to the tracing-board, it was called the tassellated border.

In time, the picture on the floor was transferred to a permanent tracing-board, and then the tassels were preserved at the top, and the rest of the cord was represented around the board in the form of white and black angular spaces. These were mistaken for little stones, and the tassellated border was called, by a natural corruption, the tessellated border.

Many years ago, when I first met with the idea of this corruption from tassellated to tessellated, which was suggested to Dr. Oliver by "a learned Scottish Mason," whose name he does not give, I was inclined to doubt its correctness.

Subsequent investigations have led me to change that opinion. I think that I can readily trace the gradual steps of corruption, and change from the original name indented tassel, which the early French Masons had literally translated by *houpe dentelee*, to indented tassel, and sometimes, according to Oliver, to indented trasel; then to tassellated border, and finally to tessellated border, the name which it now bears.

The form and the meaning of the symbol are now apparent. The tessellated border, as it is called, is a cord, decorated with tassels, which surrounds the tracing-board of an Entered Apprentice, the said tracing-board being a representation of the Lodge, and it symbolizes the bond of love---the mystic tie---which binds the Craft wheresoever dispersed into one band of brotherhood."

¹. <https://www.masonic-lodge-of-education.com/mosaic-pavement.html>

Orange County Masons: Let's See a Late-Season Rally for Kids!

Join us at our annual [Masons Night at the Ballpark](#) in Anaheim! See our on-field check presentation, meet Grand Lodge officers, and enjoy a ballgame with friends and brothers.

There are a limited number of discounted, special-event tickets available specifically for us exclusively through these links, so arrange to buy your tickets today!

[Buy San Francisco Tickets](#)

[Buy San Diego Tickets](#)

[Buy L.A. Dodgers Tickets](#)


[Buy L.A. Angels Tickets](#)

By donating to **Masons4Mitts**, you're providing disadvantaged local kids with equipment and access to the game through the [Angels RBI](#) program—as well as valuable life lessons about teamwork and skill-building. With a focus on expanding the range of services it brings to young people, Masons4Mitts is growing to incorporate so much more than just the game of baseball. Support kids in our area by donating a mitt today. And go Angels!

[DONATE A MITT](#)


"If a man does not keep pace with his companions, perhaps it is because he hears a different drummer. Let him step to the music he hears, however measured or far away. -Henry David Thoreau."

September 2022


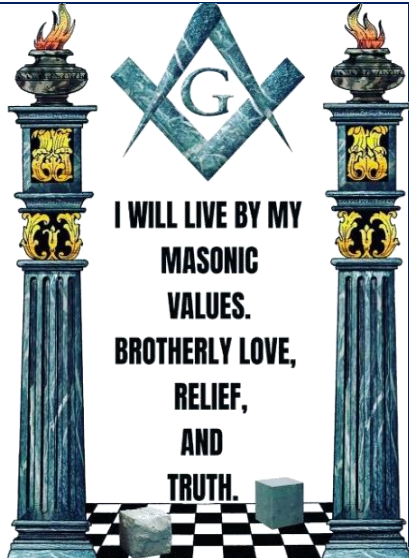
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
						
11	12	13	14	15	16	17
					First Degree Practice at MVL 289 Time: 7:00 pm	
18	19	20	21	22	23	24
		OSI Hemet San Jacinto Lodge #338 First Degree Master's Lecture			GJRL STATED MEETING DINNER: 6:00 PM MEETING: 7:30 PM	
25	26	27	28	29	30	
					First Degree Conferral at MVL 289 Time: 7:00 pm	

"You are as young as your faith, as old as your doubt; as young as your self-confidence, as old as your fear; as young as your hope, as old as your despair. -Samuel Ullman"

Committee

Audit Committee Bro. Alvin Nillasca Bro. Ian Mercurio Bro. Dexter Donor	Rusty Trowel WB Ernie Pagulayan Bro. Carlito Gabi WB Allan Solis	Charity & Relief Committee Current Master & PM	Social & Civic Committee Bro. Ricky Villegas Bro. Amor Ledina Bro. Joe Quimson	Outreach Committee WM J.P. Cariaga WB Ernie Pagulayan Bro. Sammy Larraquel
	Scholarship Committee Bro. Audie Musngi Bro. Nicanor Nono Bro. Cesar Catamisan	Investigating Committee To be appointed by the WM		

APPOINTED

Fraternal Support Ambassador	Masonic Education	Masonic History	Member Retention	Photographer
Candidate's Coach Primarily the Bro. who recommended the applicant. Secondary: Bro. Ray Abayan Bro. Vic Sardilla Bro. Sam Gillo Bro. Sal Reyes Jr.	Officer's Coach Current Master & PM Petitioner's Coach Primarily the Bro. who recommended the applicant			

"As the essence of courage is to stake one's life on a possibility, so the essence of faith is to believe that the possibility exists. -William Salter."



OFFICERS

Position	Name	Phone No.	Email Address
Worshipful Master	Saturnino Cariaga, Jr, PM		
Senior Warden	Ernesto Pagulayan, PM		
Junior Warden	Rick Opina, PM		
Treasurer	Ricky Villegas		
Secretary	Vonn Deguzman		
Chaplain	Daniel Macaraeg, PM		
Assistant Secretary	Sammy Gillo		
Senior Deacon	Amor Ledina		
Junior Deacon	Joe Quimson		
Marshal	Dexter Donor		
Senior Steward	Joanathan Elona		
Junior Steward	Angelo Alano		
Tiler	Ferdinand Dar		
Organist	Alvin Nillasca		
Officer's Coach	Allan Solis		

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Birthday		Masonic Birthday	
WB. Rick Opina	September 13	Bro. Victor Sardilla	September 15
Bro. Nicanor Nono	September 21	Bro. Jeffrie Espinosa	September 29
Bro. Sammy Larraquel	September 27		

Living Past Masters			
Ernesto M. Pagulayan III	2006		
Daniel Macaraeg	2013		
Allan V. Solis	2013		
Recuerdo N. Opina	2017,2018		
Carlton F. Black	2019, 2016		
J P Cariaga	2019, 2020, 2021		



August 2022 Stated Meeting



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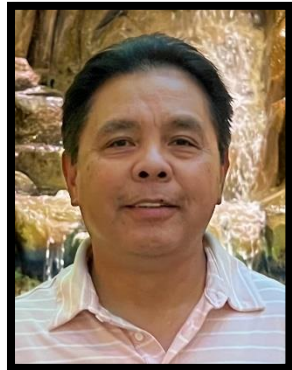


"Every human being has a work to carry on within, duties to perform abroad, influence to exert, which are peculiarly his, and which no conscience but his own can teach. -William Ellery Channing."

Petitioner's Corner



Bryan is 42 years old who hails from Quezon City, Philippines. He currently lives in Murrieta with his wife, Rovie, and kids. He works in the health care industry as a Client Care Manager. When not helping out in the lodge, Bryan likes fishing, playing basketball, and drinking manly drinks with the brethren.



Martin Carongcong

Martin is 64 years old who hails from Cavite, Philippines. He currently lives in Murrieta with his wife. He is a retired U.S. Navy Hospital Medical Chief and Corrections Officer. When not in the lodge, Martin enjoys spending time with his grandchildren, hiking, and playing bass guitar.

Masonic Emergency Response

Team: Ready in a Crisis

As September rolls around and California enters its [peak fire season](#), it's more important than ever to be prepared for disaster. Masonic lodges have an important role to play in these settings—and one that, with a little bit of planning and foresight, can turn them into resources for more than their members, but their communities at large.

That's the thinking behind the formation of the [Masonic Emergency Response Team](#), or MERT. The program was developed at [Santa Barbara No. 192](#), but has since been put into place at lodges all around the world, helping local groups get prepared and ready to spring into action at the next disaster—a scenario that for many is no longer hypothetical, but inevitable.

MERT is Here to Help

The Masonic Emergency Response Team was the brainchild of several members of Santa Barbara No. 192, including then-master John Woodruff, Kurt Russell, Bruce Rick, Don Flynn, and Past Grand Master Russ Charvonia. As Charvonia explains, the lodge included several members who worked in disaster-response fields, and thus had a wealth of knowledge and experience about how best to prepare. As a group, they built out a framework of best practices that any lodge can replicate, anywhere. The program is simple: members get trained in Community Emergency Response Team (CERT) protocols through their local city or county emergency management department or fire department; they take online FEMA disaster preparedness training; and they develop their own gameplan for responding to a local disaster.

For Santa Barbara No. 192, that gameplan involved creating a system for reaching out to members and widows in the event of a disaster to ensure they were safe, and for responding to calls for aid in the event they needed help. In many cases, that means routing members to [Masonic Outreach Services](#) through the [Masonic Assistance Line](#) (888-466-3642), which is well-positioned to offer [advice, resources, or emergency funds](#). (Read more in the [April 2022 Leader](#).) “We mapped out where our members and widows lived and broke that down by zip code,” Charvonia explains. “From there, we assigned each member of the team a zip code and tasked them with reaching out to those who lived in the area.”

This kind of MERT planning can also turn the lodge into a community resource. “Emergency response organizations like the Red Cross are always looking to partner with local organizations to better respond to emergencies,” Charvonia says. Many lodges have been able to enter into memoranda of understanding agreements (MOUs) with the Red Cross to serve as a shelter or a drop-off location for donations in the event of a disaster. “What’s great about an arrangement like that is that the Red Cross would take on the liability, indemnifying the lodge from any damages or other issues associated with being a shelter,” Charvonia says.

The MERT program is based on industry best-practices. But more importantly, it is yet another chance for lodges to meet the needs of their members and their communities. “At its core, it’s a chance for us to fulfill our Masonic obligation,” Charvonia says. “When a disaster strikes, that’s when we need to be prepared to help our brethren and widows the most.”

Preparing Your Own MERT

1. Build Your Team

- First, you need to create your team of first responders. As with any initiative, it is vital to have someone take on the lead. “I would recommend having a past master take on the leadership role,” Charvonia says. “They’ll have the experience, but also the free time to devote to the initiative.”
- Gather a group of four or five members who will be dedicated members of the MERT. Membership should be voluntary since it will require a time commitment at the beginning to get properly trained.

2. Get Trained

- The first step to create your lodge’s MERT team is to get trained. Go to [FEMA’s](#) website to access free online training modules that will get your team ready.
- Contact your local emergency management agency to schedule an in-person Community Emergency Response Training (CERT) course. You can host it at your lodge hall and invite other members of the community to participate as well. During the training, you will learn about the Incident Command System (ICS) used by government agencies to respond to disasters, as well as resources on how to respond to disasters within your own community. Sometimes, these CERT trainings will include free resources like hard hats, first aid kits, and emergency worker vests.
- Contact your local Red Cross to schedule additional training opportunities for your team. Otherwise, go to their [website](#) to access free online training modules. It’s also a good idea to speak with local representatives of the Red Cross to offer the lodge hall as a possible shelter in the case of an emergency or disaster.
- Consider offering these trainings to all members, not just members of the MERT. “You’d be amazed at how much there is to learn from these courses,” Charvonia says. “They opened my eyes to how I can be better prepared in my own home, let alone at lodge.”

3. Make a Plan

- Have your MERT team develop a gameplan for what to do in the event of a disaster. Make sure your membership roster and list of lodge widows is up to date; divide up the list so that each member of the team knows who they’re reaching out to.
- Route members or widows in need of aid to Masonic Outreach Services. MOS can connect members with resources throughout the state, and even provide emergency funds in some cases. MOS is an important service open to all members and their families and Masonic widows. Even the general public can access some of the services MOS offers, such as referrals and Masonic Value Network discounts.

4. Connect to the Network

- Follow the [Masonic Emergency Response Team’s](#) Facebook page to engage with the larger Masonic community dedicated to emergency response.

Reach out to Russ Charvonia (rcharvonia@freemason.org) to learn more about MERT and to get additional resources.

¹ <https://californiafreemason.org/2022/06/27/neighbors-friends-hermanos/>

HEALTH TIPS

TYPES OF DIABETES

WHAT IS DIABETES:

Is a condition that affects the way the body uses food. It causes the sugar level in the blood to be too high.

TYPES OF EMERGENCY DIABETES:

Insulin Shock- occurs when too much insulin is in the body.

SIGNS AND SYMPTOMS:

Fast Breathing	Vision Difficulties
Fast pulse	Sweating
Dizziness	Headache
Weakness	Change in the level of consciousness
Numb hands and feet	Hunger; Anxiety

TYPES OF EMERGENCY DIABETES:

Type I: due to destroyed pancreas in childhood

Type II: diabetes in adulthood

TRIADS OF DIABETES:

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Polyphagia- excessive/frequent intake of foods

Polydipsia-excessive/frequent intake of fluids Poly Uria-frequent urination

◇ Diabetic coma, happens when there is too much sugar and too little insulin in the blood, and body cells do not get enough nourishment.

SIGNS AND SYMPTOMS

- ◇ Drowsiness and confusion
- ◇ Deep and fast breathing
- ◇ Dehydration
- ◇ Fever
- ◇ Fruity-smelling (keton smell)
- ◇ Fever
- ◇ Change of consciousness FIRST AID
- ◇ Give any fully conscious person a diabetic emergency sugar-candy, fruit, juice or a soft drink containing sugar.
- ◇ If the person is unconscious, check ABS's and call for a physician.

Glucose Chart

- ◇ 40-79 mg/dl-hypoglycemia
- ◇ 80-120 mg/dl-Normal
- ◇ 140 mg/dl - after meal
- ◇ 141-400 mg/dl – hyperglycemia
- ◇ 401-800 mg/dl – diabetic ketoacidosis
- ◇ 801 above mg/dl – diabetic coma

Note: Ketone bodies are normal products of fat metabolism and can be oxidized to produce energy.

Sis Natasha
DeGuzman

Happy Birthday
Osmin Mazario
Ricky Villegas



Bro.
Bro.
W.B.
Auidie Musngi
Carlito Gabi
P
Cariaga

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"There are few who have courage enough to admit their faults or resolution enough to mend them. -Author Unknown."

Assisted Living and Memory Care, Elevated



The PAVILION AT THE MASONIC HOMES

Welcome home! The Masonic Home at Union City is pleased to announce the grand opening of its new Pavilion, where those who need memory care and assistance with day-to-day living can enjoy comfortable living quarters in a beautiful, community-minded atmosphere.

Our person-centered philosophy of care offers residents the opportunity to live their best life safely, with a helping hand when needed. From a rousing card game, an event in our communal living spaces, or just relaxing in their beautiful new apartments, residents find that the Pavilion offers a haven for their body, mind, and soul.

**Call to schedule a tour today:
(888) 466-3642**

34400 Mission Blvd. in Union City, CA



**Masonic Homes
of California**
Masonichome.org

RCFE #011440125 SNF #020000063 COA #151

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**Masonic Homes
of California**

WE'RE HERE TO HELP

RELIEF FOR CALIFORNIA MASONS AND THEIR FAMILIES

- Information and referrals
- Senior communities in Covina and Union City
- Statewide Masonic Outreach Services for members of all ages and their families
- Transitions short-term care for neurological and post-surgical rehabilitation (Union City)
- The Masonic Center for Youth and Families in San Francisco and Covina—with telehealth services now available everywhere
- **NEW!** Shared housing for seniors in Covina

CONTACT US TODAY TO ACCESS YOUR
MEMBER BENEFITS AND SERVICES:

masonichome.org
(888) 466-3642

mcyaf.org
(877) 488-6293 (San Francisco)
(626) 251-2300 (Covina)

Masonic Value Network:

Care Resources +
Prescription Discounts

masonichome.org/ValueNetwork

Our Mission and Values

We are devoted to helping our communities and families live well and achieve meaningful and rewarding lives. This vision is embodied by our residents and clients, as well as our volunteers, partners, and staff.

Our core customer service pillars guide us to value the safety of our residents and clients, our strong personal connections, provide meaningful life experiences, and to efficiently find new ways to constantly improve our services.

In all of our work, the Masonic Homes of California is guided by the charitable mission and values of the [Masons of California](#), a nonprofit fraternal organization with more than 50,000 members.

"The spiritual life of the world has burned during all these centuries with the pure flame first kindled by the sublime mystic of the Galilean Hills. -John Morley."

TODAY IN MASONIC HISTORY

The Thousandth Man

by Rudyard Kipling

One man in a thousand, Solomon says,
Will stick more close than a brother.
And it's worthwhile seeking him half your days
If you find him before the other.
Nine hundred and ninety-nine depend
On what the world sees in you,
But the Thousandth man will stand your friend
With the whole round world agin' you.
'Tis neither promise nor prayer nor show
Will settle the finding for 'ee.
Nine hundred and ninety-nine of 'em go
By your looks, or your acts, or your glory.
But if he finds you and you find him.
The rest of the world don't matter;
For the Thousandth Man will sink or swim
With you in any water.
You can use his purse with no more talk
Than he uses yours for his spendings,
And laugh and meet in your daily walk
As though there had been no lendings.
Nine hundred and ninety-nine of 'em call
For silver and gold in their dealings;
But the Thousandth Man he's worth 'em all,
Because you can show him your feelings.
His wrong's your wrong, and his right's your right,
In season or out of season.
Stand up and back it in all men's sight --
With that for your only reason!
Nine hundred and ninety-nine can't bide
The shame or mocking or laughter,
But the Thousandth Man will stand by your side
To the gallows-foot -- and after!





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TO:

