

# GAT Jose Rizal Lodge U.D.



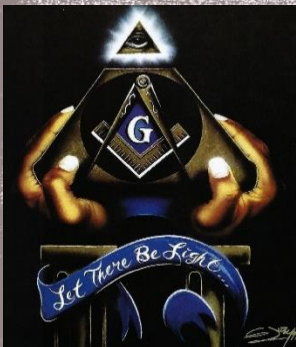
November 1, 2022

MMXXI

Volume: 2 Issued: 10

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*"Through Freemasonry, we make true friends, improve ourselves, and have a positive impact on our communities."*

From the desk of the  
Worshipful Master



By: WM J. P Cariaga,



## Menu for the Stated Meeting Dinner

No Available Menu

## Stated Meeting Sponsors for Nov 2022

Bro Med Alonzo  
Bro Martin Carungcong  
Bro Nin Nilasca  
Bro Anthony Santelices



## Trestleboard Editors:

Bro. Sammy Gillo  
Bro. Vonn DeGuzman

**STATED MEETING**  
**Every 4<sup>th</sup> Friday of**  
**the Month**

27221 McCall Blvd  
Menifee, CA 92586

Brethren

Christmas is coming! Are you ready? I'm not! Joke aside, time is too fast, everyone seems to be doing 2 things at the same time just to catch up! Well anyway, thank you for all the support of our brothers and sisters in all our lodge's activities. We couldn't have done it without you.

I would like to welcome our new Enter Apprentice Masons Bro Martin, Bro Anthony, Bro Brian, and Bro Dex. Keep up the good work. Thank you to our coaches you are doing a great job.

We had a great time at the Annual Communications in San Francisco. As usual it was an experience to remember. We finally got our number! Now we are getting ready for our constitution this November 6, 2022. Please be reminded that it is a formal affair for the GAT members. The ladies are wearing their Filipiniana dresses and the brothers decided to wear their tux. We will need each and everyone's help in the preparation for this momentous event. We will have distinguished guests so we aim to impress but within the budget.

I would like to thank each and every one in advance for your continuous support in the success of our lodge. Our lodge may not be rich in money but we are proud to say we are rich in brotherhood. Again, thank you and see you at the Constitution!

Sincerely yours,

JP Cariaga WM

2B1  ASK1

Freemasonry promotes a way of life that binds like-minded men with the principles of Brotherly Love, Relief and Truth in order to serve God, Family,



Brethren,

Greetings. I wanted to thank the brethren who attended our September 2022 Stated Meeting. We were able to accomplish a lot of lodge business including accepting two affiliations, practice for the upcoming Constitution, and partake delicious meal prepared by Bro. Amor as he chose to celebrate his birthday with us. For those who were not able to, I encourage you to make the time to attend our November 2022 Stated Meeting as it is also the day where we elect the lodge officers for the ensuing Masonic Year.

With the election coming up, I want to take this opportunity to thank the brethren for their unwavering support to our lodge for the past year. We, as a lodge, have accomplished so many great things and I can foresee that there will be many more to come. However, we are not done yet. As the Holy Book stated, "we are the light of the world", and as such, we must let our light shine for others to see. Let us continue to do great deeds even if takes making hard decisions.

Our historic Lodge Constitution is upon and us. We couldn't believe that We, GAT José Rizal Lodge, will be receiving our Charter on November 6, 2022. Truly the fruit of the labor of the brethren. I congratulate everyone for a job very well done.

I wanted to take this opportunity to thank WM JP Cariaga and WB Rick Opina for their leadership and guidance for the past year. What they have done for the lodge will be remembered and will be a guiding path for others to follow.

As always, thank you to all the brethren who worked tirelessly in the background to make our lodge continue to grow. We also encourage the rest of you to take part, even in a small degree at least, to keep our lodge moving forward.

Lastly and as always, let us continue to support the lodge and all its endeavors. Always remember that you are a reflection and a representation of GAT José Rizal Lodge 882.

S/F,

Bro. Ernie Pagulayan, PM

Senior Warden

If you have some important information that needs to be on the Trestleboard, please don't hesitate to contact the Lodge Secretary  
([SecretaryGJRL@gmail.com](mailto:SecretaryGJRL@gmail.com))

or Bro. Sammy Gillo  
([sharmaelly@gmail.com](mailto:sharmaelly@gmail.com))

## OSI CORNER

<b>August</b>	<b>Dark Dark</b>
<b>09/20</b>	<b>Hemet San Jacinto Lodge #338, 1<sup>st</sup> Degree, Master's Lecture</b>
<b>10/20</b>	<b>Menifee Valley Lodge # 289, Balloting, Flag Presentation, and Elections.</b>
<b>11/21</b>	<b>Temecula Catalina Island Lodge #524, Practice Installation of Lodge Officers</b>
<b>Dec</b>	<b>Dark Dark</b>



Brethren and families

What a memorable trip it was a few weeks ago as we travel north to San Francisco and attended the 173rd Grand Lodge of California annual communication. I say “memorable” because GAT Jose Rizal Lodge finally was voted on to receive its charter, which made it a constituent lodge, operating under the Grand Lodge of California.

But what really entails in this seismic event is not where the lodge originated, but where it is heading. Having been constituted comes with the real test – the test of time, the unknown, and the inevitable changes that will occur over time. For we are given greater responsibilities not only for the government of our conduct but also for ensuring that this lodge endures the expected peaks and valleys along the path. As we have learned in our teaching that such path will never be easy.

The Holy Writing in the book of Luke 12:48 says, “From everyone who has been given much, much will be demanded, and from the one who has been entrusted with much, much more will be asked.” Becoming a constituent lodge is not a right; it is a privilege! Along with this privilege, comes a moral obligation to adhere to our laws and regulations, practice the principles of masonry by heart and guard the gates to our fraternity so that only those duly qualified are admitted.

Brethren, we have more works to do. We have more challenges to overcome. What we do today will determine our future. Your hard work, commitment, and dedication will set the examples for all brothers traveling on this path. Let us all continue to unite and embrace a culture we are all proud of. Congratulations to ALL.

In closing, Happy Thanksgiving!! I hope everyone reading this can find many, many things to give thanks for this year. So, let us all rejoice and give thanks for the abundance of blessings from our Creator. Let us also remember our brothers who may not as fortunate that they may also rejoice in their hearts for knowing His presence is in within us.

Fraternally,

Rick Opina, PM

Junior Warden

### **Stated Meeting Sponsors for Dec 2022**

**WB Allan Solis**  
**Bro Vic Sardilla**

**Bro Joe Quimson**  
**Bro Sal Reyes**







Fraternal Greetings from behind the desk!

First, I want to congratulate Brothers Ethan and Vidal for being accepted to our lodge, as well as our newly obligated brethren Brothers Bryan Chopitea and Dexter Dalupan.

I am sure you are all as excited as I am. We finally received our lodge number last month and for this month, November will be a very busy and eventful month for the lodge. The fruit of our labor is finally here. In just a matter of days, our lodge will be constituted and receive our charter. Let us take a moment to pat ourselves on the back because it is not an easy feat we have accomplished. I want to take the combined effort by all the brothers who provided their time or money, or time and money to support the lodge in all its endeavor thus far.

A few housekeeping announcements, starting in November, the prospects will have to follow the Prospect Activity checklist before they can receive the lodge application form. The prospects increase activity in an out of the lodge allows the brethren to determine if the prospect will be a good fit for the lodge even before we ballot on the prospect. Furthermore, the required activities weed out the less dedicated from the serious and good candidates.

Additionally, Brothers that are Entered Apprentice and Fellow Crafts will be responsible for filling and subsequent submission of their own dance card to the Senior Warden. The intent is for the EA and FCs to know the brothers more and their capabilities, as well as to have more presence in the lodge when it is open. This also induces the brethren to perform better because they agreed to perform for the candidate and obliges the brothers to either seek a role they can perform before they are asked by the candidate. This is anticipated to make the degree work more meaningful for the performer and the candidate.

Lastly, I want to remind everyone that the annual dues will be payable by the end of December. So don't empty your pockets to buy me a nice gift until you pay your dues first. When paying your dues, pay directly to the lodge to save yourself the processing fee. Send your payments via PAYPAL/ZELLE to SecretaryGJRL@gmail.com.

Fraternally,

Bro. Vonn DeGuzman  
GJRL Lodge Secretary

### Sister Birthday

Shirley Alano	November 13
Mary Elona	November 21
Faith Pagulayan	November 22
Ester Ledina	November 27
Mylene Donor	November 29

### Wedding Anniversary




# GJRL CONSTITUTION DAY

**GAT JOSE RIZAL LODGE # 882**  
**FREE AND ACCEPTED MASONS OF CALIFORNIA**

**Welcomes you to**

**Lodge Constitution Ceremony**

**Sunday, November 6, 2022**

**3:00 p.m. - Reception**

**4:00 - Ceremony**



**G**

**27221 McCall Blvd**  
**Menifee, CA 92586**

Members, Their Ladies, Family and  
Friends are cordially Invited to Attend

# SCHOLARSHIPS AND ADDITIONAL FINANCIAL AID

The Masons of California believe that a person who strives to improve himself can also improve his community and the world at large. To help future generations achieve this goal, the California Masonic Foundation and other Masonic-affiliated organizations award more than \$1 million in scholarships to students every year. Scholarships awarded by the California Masonic Foundation have enabled thousands of students to attend college.

## Masonic scholarships

Below are links to scholarships provided by our Youth Orders and Concordant Bodies. Most offer preference to applicants that have Masonic ties. We also encourage you to reach out directly to your local Masonic lodge as some offer their own lodge-based award. To locate a lodge near you, please visit the lodge locator.

### DeMolay

[norcaldemolay.com/2018-demolay-foundation-scholarship-application-now-available/demolay.org/Scholarship/demolay.org/scholarships/affiliated-scholarships/](http://norcaldemolay.com/2018-demolay-foundation-scholarship-application-now-available/demolay.org/Scholarship/demolay.org/scholarships/affiliated-scholarships/)

### Order of the Eastern Star

[oescal.org/?q=scholarships](http://oescal.org/?q=scholarships)

### Job's Daughters

[cajdfoundation.org/Scholarships.html](http://cajdfoundation.org/Scholarships.html)

### Rainbow Girls

[gocarainbow.org/all-about-ca-rainbow/scholarships/](http://gocarainbow.org/all-about-ca-rainbow/scholarships/)

### High Twelve International

[wolcottfoundation.com/fellowships.html](http://wolcottfoundation.com/fellowships.html)

### California Scottish Rite

[casr-foundation.org/](http://casr-foundation.org/)

### Santa Barbara Scottish Rite

[santabarbarascottishrite.org/philanthropic/](http://santabarbarascottishrite.org/philanthropic/)

## Investment in Success

The Investment in Success scholarship program gives high school seniors who demonstrate an active pursuit of education in spite of hardships an opportunity to attain a higher education.

Although these students may not fit the traditional profile of a high academic performer, they have overcome significant obstacles to achieve their goals, demonstrating extraordinary potential and strength of character. To be eligible for an Investment in Success scholarship, students must be nominated through one of the California Masonic Foundation's educational partnerships; no direct applications are accepted.

Learn more about Investment in Success on the California Masonic Foundation website.

## Support Public Education Initiatives

From scholarships to elementary school literacy, California Masons are making a profound difference for public schools and students in need. Your gift to the Annual Fund supports public schools statewide.

# **PROSPECT CHECKLIST**

This checklist is the minimum activity a prospective member is required to attend/participate in order to demonstrate their commitment to joining this Freemason lodge. This also serves as a test for the prospect to determine if he is a good fit for the lodge.

## **Attended introduction to Freemasonry Brief**

Date: \_\_\_\_\_

New Member Committee Signature: \_\_\_\_\_

## **Attended three Stated Meeting and labored in the kitchen.**

Stated Meeting 1 Date: \_\_\_\_\_ New Member Committee Sign: \_\_\_\_\_

7 Stated Meeting 2 Date: \_\_\_\_\_ New Member Committee Sign: \_\_\_\_\_

Stated Meeting 3 Date: \_\_\_\_\_ New Member Committee Sign: \_\_\_\_\_

## **Attend One charity/volunteer event.**

Event Name: \_\_\_\_\_

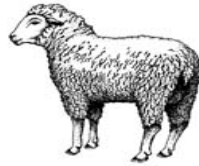
Date: \_\_\_\_\_

New Member Committee Signature: \_\_\_\_\_

NOTE: The Secretary will only issue a GJRL application form to the Prospect once he met all the required activity on this checklist signed by the New Member Committee signs off on this form.

*"Do. Or do not. There is no try. -Yoda"*

## What is the significance of the Masonic lamb?



### Masonic Lamb

The lamb is a symbol of innocence and purity.

White Masonic Lambskin Apron

Operative Freemasonry: In operative Freemasonry, an apron was worn by operative masons to preserve their garments from stain.

Speculative Freemasonry: In speculative Freemasonry, the apron reminds us that we must keep ourselves away from moral defilement; or in the more figurative language as read in the Holy Scripture; we must keep our garments white and keep ourselves unspotted from the world.

From the New Testament: "Unspotted From the World"

James 1:21 - "Lay aside all filthiness and overflow of wickedness."

James 1:26-27: "If anyone among you thinks he is religious, and does not bridle his tongue but deceives his own heart, this one's religion is useless. Pure and undefiled religion before God and the Father is this: to visit orphans and widows in their trouble, and to keep oneself unspotted from the world."

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Gallatians 5:19-21: "Now the works of the flesh are evident, which are: adultery, fornication, uncleanness, lewdness, idolatry, sorcery, hatred, contentions, jealousies, outbursts of wrath, selfish ambition, dissensions, heresies, envy, murders, drunkenness, revelries, and the like; of which I tell you beforehand, just as I also told you in time past, that those who practice such things will not inherit the kingdom of God."

The Masonic Lamb:

Masonic Lamb: From Albert Mackey's Revised Encyclopedia of Freemasonry, Vol. 1, page 558 and 559, 1929

First Degree: In Ancient Craft Masonry, the Lamb is the symbol of innocence; thus, in the instructions of the First Degree: "In all ages the Lamb has been deemed an emblem of innocence."

Hence it is required that a Freemason's Apron should be made of lambskin. In the advanced Degrees, and in the Degrees of chivalry, as in Christian iconography, or illustration, the lamb is a symbol of Jesus Christ.

The introduction of this Christian symbolism of the lamb comes from the expression of Saint John the Baptist, who exclaimed, on seeing Jesus, "Behold the Lamb of God"; which was undoubtedly derived from the prophetic writers, who compare the Messiah suffering on the cross to a lamb under the knife of a butcher.

Paschal Lamb...also called the Holy Lamb: This was the lamb offered up by the Jews at the paschal feast, (the Passover). This has been transferred to Christian symbolism, to Easter, and naturally to Chivalric Freemasonry; and hence we find it among the symbols of modern Templarism.

Lamb of God in Christian Art: The paschal lamb, as a Christian and Masonic symbol, also called the Agnus Dei, or Lamb of God, first appeared in Christian art after the sixth century. This is depicted as a lamb standing on the ground, holding by the left forefoot a banner, on which a cross is inscribed.

This paschal lamb, or Lamb of God, has been adopted as a symbol by the Knights Templar, being borne in one of the banners of the Order, and constituting, with the square which it surmounts, the jewel of the Generalissimo of a Commandery.

The lamb is a symbol of Christ; the cross, of His passion; and the banner of His victory over death and hell.

Knights Templar Deed: Barrington states (Archaeologia ix, page 134) that in a Deed of the English Knights Templar, granting lands in Cambridgeshire, the seal is a Holy Land, and the arms of the master of the Temple at London were argent, a cross gules, and on the nombril point thereof a Holy Lamb, that is, a Paschal or Holy Lamb on the center of a red cross in a white field.





## Serving Masons and their Families, Across the Lifespan

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EMOTIONAL HEALTH DESERVES attention, just like physical health. In the same way you turn to your physician with medical questions, it's important to seek emotional support when you're facing difficult feelings or hard times. As California Masons, you have an incredible resource available in MCYAF, which has a team of licensed professionals ready to help. With a sliding-scale fee schedule and video-conferencing services available, MCYAF's model of care is available to all. **Scan the code to visit [MCYAF.org](https://www.mcyaf.org) or call (877) 488-6293 to learn more or schedule a session.**

### GROUP THERAPY AND WORKSHOPS

Our dynamic groups and workshops connect children, individual family members, or peer groups with shared experiences.

### EDUCATIONAL THERAPY

Create custom learning plans to support children with learning differences. Homework and consultation support specific learning needs is also available.

### SENIOR WELLNESS

MCYAF offers senior support services to help navigate illness, grief, loneliness, and end-of-life transitions.

### INDIVIDUAL AND FAMILY THERAPY

We build trusting relationships allowing clients to explore areas of concern in a safe and accepting environment.




MASONIC CENTER FOR  
YOUTH AND FAMILIES  
Integrated Therapeutic Services



(877) 488-6293 • [MCYAF.ORG](https://www.mcyaf.org)



*"If you want to live a happy life, tie it to a goal, not to people or objects. – Albert Einstein"*

# November 2022


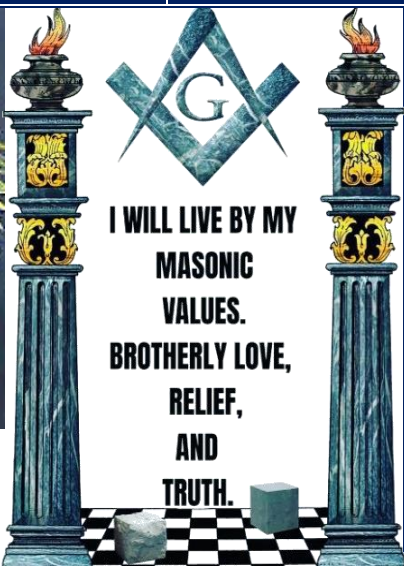
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10	11	12
<b>GJRL</b> <b>Constitution at</b> <b>MVL 289</b> <b>Time: 3:00 pm</b>					<b>Stated Meeting</b> <b>Time: 7:30 pm</b> <b>Dinner</b> <b>@ 6:00 pm</b>	
13	14	15	16	17	18	19
20	21	22	23	24	25	26
	<b>OSI</b> <b>TEMCAT</b> <b>#524</b> <b>Practice</b> <b>Installation</b> <b>of Lodge</b> <b>Officers</b>					
27	28	29	30			

*"Many of life's failures are people who did not realize how close they were to success when they gave up. – Thomas A. Edison"*

# Committee

<b>Audit Committee</b>  <b>Bro. Alvin Nillasca</b> <b>Bro. Ian Mercurio</b> <b>Bro. Dexter Donor</b>	<b>Rusty Trowel</b>  <b>WB Ernie Pagulayan</b> <b>Bro. Carlito Gabi</b> <b>WB Allan Solis</b>	<b>Charity &amp; Relief Committee</b>  <b>Current Master &amp; PM</b>	<b>Social &amp; Civic Committee</b> <b>Bro. Ricky Villegas</b> <b>Bro. Amor Ledina</b> <b>Bro. Joe Quimson</b>	<b>Outreach Committee</b>  <b>WM J.P. Cariaga</b> <b>WB Ernie Pagulayan</b> <b>Bro. Sammy Larraquel</b>
	<b>Scholarship Committee</b>  <b>Bro. Audie Musngi</b> <b>Bro. Nicanor Nono</b> <b>Bro. Cesar Catamisan</b>	<b>Investigating Committee</b>  <b>To be appointed by the WM</b>		

# APPOINTED

<b>Fraternal Support Ambassador</b>  <b>Candidate's Coach</b>  <b>Primarily the Bro. who recommended the applicant.</b>  <b>Secondary:</b> <b>Bro. Ray Abayan</b> <b>Bro. Vic Sardilla</b> <b>Bro. Sam Gillo</b> <b>Bro. Sal Reyes Jr.</b>	<b>Masonic Education</b>  <b>Officer's Coach</b>  <b>Current Master &amp; PM</b>  <b>Petitioner's Coach</b>  <b>Primarily the Bro. who recommended the applicant</b>	<b>Masonic History</b>  	<b>Member Retention</b>  	<b>Photographer</b>
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*"If you really want to do something, you'll find a way. If you don't, you'll find an excuse. – Jim Rohn"*

# O F F I C E R S

Position	Name	Phone No.	Email Address
Worshipful Master	Saturnino Cariaga, Jr, PM		
Senior Warden	Ernesto Pagulayan, PM		
Junior Warden	Rick Opina, PM		
Treasurer	Ricky Villegas		
Secretary	Vonn Deguzman		
Chaplain	Daniel Macaraeg, PM		
Assistant Secretary	Sammy Gillo		
Senior Deacon	Amor Ledina		
Junior Deacon	Joe Quimson		
Marshal	Dexter Donor		
Senior Steward	Joanathan Elona		
Junior Steward	Angelo Alano		
Tiler	Ferdinand Dar		
Organist	Alvin Nillasca		
Officer's Coach	Allan Solis		

Birthday		Masonic Birthday	
Bro. Jose Shepard	November 22		

Living Past Masters			
Ernesto M. Pagulayan III	2006		
Daniel Macaraeg	2013		
Allan V. Solis	2013		
Recuerdo N. Opina	2017,2018		
Carlton F. Black	2019, 2016		
J P Cariaga	2019, 2020, 2021		





# October 2022 Stated Meeting



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*Come Join us to our  
next Stated Meeting  
on  
November 11, 2022*



*"To avoid criticism, do nothing, say nothing and be nothing. – Elbert Hubbard"*



## GJRL #882 Highlights

# **Double First-Degree Conferral on Bro Bryan Chopitea and Bro. Dex Dalupan**

**October 14, 2022**



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*"History is the heritage and patrimony of mankind in its lessons of the past that give priceless inspiration for the future. -Henry C. Clausen"*

# The Hiram Award: Some Do's and Don'ts

Download the Hiram Award program manual on iMember today. To do so, access your portal, then click Lodge Administration, then Awards. There, you'll find the manual, a nomination form, and information about ordering a medallion and pin for the recipient. A few other tips to bear in mind:

**It's a prestigious honor. So, keep it that way.** The Hiram Award is the highest honor a lodge can bestow on one of its members. It isn't a Mason of the Year award, or even a Lifetime Achievement Award. A lodge can only give it once a year—but that doesn't mean it has to every year. By giving the award judiciously, you will preserve its importance and make its presentation that much more special.

**Don't give it in the dining room.** Most Hiram Award presentations, like most Masonic events, often includes a big dinner. That's great. But as a special milestone in the recipient's Masonic career, it's appropriate to bestow it in the lodge room where that journey began. It also gives the presentation a sense of reverence and import.

**But make it public.** One of the best things about the Hiram Award program is sharing the moment with family and friends. Again, this is the highest honor a lodge can give one of its members, and to be called out by your fellow lodge members is an unforgettable experience for a recipient—and one he'll want to share with those around him. So invite spouses, family, and colleagues. This is also a great way for people around you to see Freemasonry at its best.

**Think hard about what you're honoring.** It's common that lodges will want to honor the 25-year secretary, or the officer who's done three tours through the chairs. That can be fine, but the award isn't only for those who've served that way. As a committee forms to recommend a recipient to the lodge master, consider those who have gone above and beyond in other ways, too, and done "credit to the craft" beyond the lodge walls.

**Inform the Grand Lodge:** Once your lodge has nominated someone to receive the award, be sure to fill out the nomination form and send it to Member Services at [memberservices@freemason.org](mailto:memberservices@freemason.org). That will be signed by the Grand Secretary, and someone from Grand Lodge will then notify the vendors at L.A. Fraternal Supply Company to authorize the purchase of a medallion and pin. (The local lodge must pay for those.)



# Grand Master Randall L. Brill: 2023 Proclamations

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Grand Master Randall Brill announced Monday his administration's proclamations for the 2023 fraternal year. With a theme of "fulfilling our obligations," Brill says he's excited for California lodges to use these proclamations as a springboard for engaging with their members, their families, and the communities they call home.

February 2023 is [Masonic Widows Month](#)

March 2023 is [Youth Orders Month](#)

May 2023 is [Public Awareness Month](#)

June 2023 is [Masonic Homes Month](#)

July 2023 is [Support Our Veterans Month](#)

August 2023 is [First Responders Month](#)

September 2023 is [Public Schools Month](#)

California lodges are encouraged to recognize each of these proclamations with appropriate events, fundraising, and other forms of recognition. For more information, contact Member Services at: [memberservices@freemason.org](mailto:memberservices@freemason.org) or call (415) 776-7000.

*"Our prime purpose in this life is to help others. And if you can't help them, at least don't hurt them. Dalai Lama"*



# HEALTH TIPS

## FOREIGN BODY AIRWAY OBSTRUCTION MANAGEMENT (CHOKING)

(HEIMLINCH MANEUVER) Is a sudden involuntary muscle contraction, usually due to uncontrolled electrical activity in the brain.

### CAUSES OF OBSTRUCTION:

- ❖ Improper chewing of large pieces of food.
- ❖ Excessive intake of alcohol
- ❖ The presence of loose upper and lower dentures
- ❖ For children- running while eating
- ❖ For smaller children of “hand-to-mouth” stage left unattended.

### (2) TYPES OF OBSTRUCTION:

**ANATOMICAL OBSTRUCTION**- When tongue drops back and obstructs the throat. Other causes are acute asthma, croup, diphtheria, swelling, and cough (whooping).

**MECHANICAL OBSTRUCTION**-When foreign objects lodged in the pharynx or airways; fluids accumulate in the back of the throat.

### CLASSIFICATION OF OBSTRUCTION:

**MILD OBSTRUCTION**-The victim is responsive and can cough forcefully, although frequently there is a wheezing between coughs.

**SEVERE OBSTRUCTION**-The victim has weak, ineffective cough, high-pitched noise while inhaling, increased respiratory difficulty and possibly cyanosis. The victim is unable to speak, breathe or cough and may clutch the neck with the thumb and fingers. Movement of air is absent.

### FIRST AID MANAGEMENT:

**FOR INFANT**: 5 back blows and 5 chest compressions

**FOR ADULT/CHILD**: Heimlich Maneuver; or perform ches

severe.

(CHILD)

do 30 chest compression if

(ADULT)

(INFANT)



*“Fear is the main source of superstition, and one of the main sources of cruelty. To conquer fear is the beginning of wisdom. – Bertrand Russell”*



B i r t h  
d a y  
D e x t e r D o n o r



s i s R o v i e C h o p i t e a  
s i s P e n a f r a n c i e S a r d i l l a  
s i s C a r o l R e y e s  
B r o . A m o r s o l o L e d i n a



"Talent is God-given. Be humble. Fame is man-given. Be grateful. Conceit is self-given. Be careful. – John Wooden"

# NEW! Masonic Value Network

A Select Network of Independent Providers



Looking for caregivers or senior care for a loved one? Searching for services and resources in your own community?

#### The Masonic Value Network can help!

The Masonic Value Network is a convenient listing of care-related service providers located in communities throughout California (and beyond) that welcome California Masons and Masonic families.

- » Find care-related providers and resources in your area
- » Access offerings and educational materials from independent service providers
- » Convenient online access is available 24 hours a day, seven days a week



Masonic Homes  
of California

EXPLORE THE MASONIC VALUE NETWORK

[masonichome.org/ValueNetwork](http://masonichome.org/ValueNetwork)

## Our Mission and Values

We are devoted to helping our communities and families live well and achieve meaningful and rewarding lives. This vision is embodied by our residents and clients, as well as our volunteers, partners, and staff.

Our core customer service pillars guide us to value the safety of our residents and clients, our strong personal connections, provide meaningful life experiences, and to efficiently find new ways to constantly improve our services.

In all of our work, the Masonic Homes of California is guided by the charitable mission and values of the [Masons of California](http://Masons of California), a nonprofit fraternal organization with more than 50,000 members.

*“The ability to be in the present moment is a major component of mental wellness. – Abraham Mashlow”*



# TODAY IN MASONIC HISTORY

## Alva Adams is Born

**Today in Masonic History Alva Adams is born in 1850.**

Alva Adams was an American politician.

Adams was born on May 14th, 1850 in Iowa County, Wisconsin.

Some time prior to 1876 Adams moved from Wisconsin to Colorado. There he served in the first Colorado State Legislature beginning in 1876.

Adams would go on to serve three terms as Governor of Colorado, the first from 1887 to 1889. The second from 1897 to 1899. The third was the shortest and most noteworthy. In 1904, Adams was a candidate for Governor for his third, non-consecutive term. His Republican opponent, Adams was a Democrat, was the incumbent Governor James Peabody. The race was highly contested and both candidates were accused of using questionable campaign strategies. When Adams emerged the victor after the election, Peabody accused Adams of being an illegitimate Governor.



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After political wrangling, the Colorado state Legislature removed Adams from office after only two months. Peabody was installed as Governor and served for only a day before resigning.

Adams also served as U.S. Commissioner-General to Australia, New Zealand, Java, Siam, and China.

Adams son, Alva Blanchard Adams, also went into politics and served as the United States Senator from Colorado. Alva Adams passed away on November 1st, 1922.

It is unclear what lodge Adams belonged to in Colorado. Regardless there is ample evidence of an active masonic career. An entry from the proceedings from the Grand Lodge of Wisconsin reports in a section for news from other jurisdictions that the Grand Lodge of Colorado had two special communications in 1890. At both special communications the Grand Orator, former Governor Alva Adams, gave speeches. He was knighted in Pueblo Commandery No. 3 Knights Templar. He also served as the second Sovereign Grand Inspector General for the state of Colorado an Active member of Supreme Council of the Ancient Accepted Scottish Rite of Freemasonry for the Southern Masonic Jurisdiction.

1. [https://www.masonrytoday.com/index.php?new\\_month=11&new\\_day=1&new\\_year=2019](https://www.masonrytoday.com/index.php?new_month=11&new_day=1&new_year=2019)

*Failure is simply the opportunity to begin again, this time more intelligently. Be grateful. Conceit is self-given. Be careful. – Henry Ford*





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**TO:**

